

## Notes for Athletes who have entered the County Championships in 2017

We are pleased to tell you that this year we have the highest entry since we combined the two counties. With such a large field and, hopefully, benevolent Nuneaton weather, we should have a really good atmosphere in which you can excel and enjoy your events.

Please take the time to read these notes - it is in your interest.

- **Terms and Conditions:** It is a condition of entry that you have signed in your entry form online or on paper that you have read the event prospectus. A copy of this document is on your County web site.
- **Car Parking:** You can park anywhere on the Pingles site (this does not include the pub) but check if you are in a pay and display spot or not. There is some free parking on a grass surface area just to the left of the track
- **Registration:** You must register and collect your bib number **AT LEAST 45 MINUTES BEFORE YOUR EVENT**. If you are late you may not be able to compete. This is for very good and practical reasons to prevent a delay which may inconvenience all the other athletes..
- **Timetable:** An updated full timetable has been published this weekend on the County web sites and on Facebook. You must report to the start area or the field area 10-15 minutes before your event (the Field Judges may call for you for warm-up earlier or later than this )
- **Start Lists:** We have published a start list so you can see who you are up against and check your events. Programmes will be on sale on the day for £2 each - an incredible bargain not to be missed with news of other county events.
- **Bib numbers and pins:** You will be given two bib numbers - one for front and one for back therefore you will need 8 pins - we don't have pins to give you. If you are competing on Saturday and Sunday then you will have to register on both days and collect a new bib number on **both days**.
- **Heats and Finals:** If you qualify for a final and cannot compete for any reason at all you must let the Track Referee know otherwise you will be disqualified from every subsequent event. If you don't show for a Saturday final you will be disqualified from the whole of Sunday. That is a UKA rule.
- **Personal equipment:** If you want to use your own throwing equipment you must have it weighed and registered with the Clerk of the Course in the room behind and under the stand **at least one hour before your event**. You may use your own starting blocks but ask the Starting team for permission before you set them up for event.
- **Results:** Results will be posted on the Nuneaton Harriers noticeboard during the day. They will be posted on Facebook and the County web sites as soon as everything has been fully checked each day - we have to get home first in order to do that.
- **Refreshments:** There is a refreshments area at the track which is staffed by Nuneaton Harriers volunteers. Please spend a fortune for their club funds!
- **Manners and safety:** Athletics is proud of its athletes and the way they behave. Please be sporting in your applause and don't forget to thank the officials because it is very much appreciated. If you see anybody behaving in an inappropriate way, especially with photographic equipment, please don't hesitate to tell the nearest official immediately.
- **Medals:** These are awarded to the first three in each County/event/gender/age group after about 45-60 minutes after the event has finished. We have to document the results before displaying them and then allow time for appeals. Be patient!!
- **Masters:** There isn't a separate Masters age group but they can compete as Seniors. That means that Masters have to use Seniors implements and hurdle heights.
- **Parallel Success:** There will be several Paralympic and World Champs IPC athletes at the event on both days. Please be aware on Saturday there will be wheelchair athletes at the track.