



**Warwickshire County Athletics Association**  
**THE BEAR –DECEMBER 2010**  
**ISSUE 06/2010**

**Editor Keith Richards**

**ASSOCIATION MATTERS**

- There are no General Meetings scheduled for 2011
- The County AGM will be on 23<sup>rd</sup> November 2011

**1. WARWICKSHIRE COUNTY AGM**

The County AGM was held on 24<sup>th</sup> November at the Nuneaton Harriers Headquarters. Nick Price of BRAT took over from his club team mate Richard Carney as President for the next two years with Keith Richards of Coventry Godiva becoming President Elect. Tributes were paid to Richard's term of office and he was made a Life Vice President of the County.

Stewart Barnes had advised that he wanted to step down as Treasurer after 7 years in the post but no one was willing to take on the position. Applications to Ray Morgan would be welcome. Similarly the post of Auditor, which became vacant following the untimely death of Cavin Woodward, has not been filled, and all offers will be gratefully received. The holder should have either a recognized accountancy qualification or be employed in financial management. We are grateful to Henry Mortimer, a former Auditor for acting in that role to ensure that the accounts were audited.

The County is in good health financially reporting a surplus for the year of £517.88.

Honorary Chairman, Ray Morgan, reported on the past year, highlighting successes both in competition and promotion. Arrangements for the 2011 County competitions are well advanced. He recorded his personal thanks to his fellow Officers and Officials, and Team Managers for all that they have done for the County and the sport over the last year - and many years before that too, and also to the Clubs who have hosted County fixtures.

Footnote: the notes for the AGM and the minutes have been amended to correct an error and an omission. The financial report should read that the balance in the Community Account stands at £18506.11. The highlights in the Chairman's report should have included a notable team result - the U17 Men's team at the Inter County Cross Country Championships finished 3<sup>rd</sup>. The 4 scorers were Jack Gray 4<sup>th</sup>, Luke Scarr 30<sup>th</sup>, Tim Griffith 38<sup>th</sup> and Daniel Mills 54<sup>th</sup> for a total pts 126.

**2. THE ELLIS TROPHY**

The Ellis Trophy is awarded for the best performance by a Warwickshire athlete over the previous year. After much deliberation, the award for 2010 goes to Sue Harrison of Leamington C and A C for her performance in winning the World 50k Championship, held in Galway, Ireland in a new British Record time of 3.15.43.

The final choice for this Trophy is made by the President after receiving information from and discussion with Tom McCook and Stewart Harris.

It is a tribute to Warwickshire athletes that their performances this year made a strong case for the following: Mark Lewis-Francis, Marlon Devenish, Nadine Oykere, James Walsh, Phil Hinch, Tom Parsons, Tina Brown, Celia Taylor, Luke Lennon Ford, Laura Kenney, Jack Gray, Paul Thompson, Eleanor Ruddock, Jade Surman and Michelle Thomas.

3. MIDLAND ROAD RELAYS: Men 3<sup>rd</sup> Birchfield, Women 3<sup>rd</sup> Coventry Godiva, Tina Brown did the fastest leg. U 15 Girls and boys 1<sup>st</sup> Coventry Godiva Sian Rainsley fastest leg.  
Midland X C Relays: Women's 2<sup>nd</sup> Rugby and Northampton.  
NATIONAL ROAD RELAYS: U15 Girls 4<sup>th</sup> Coventry Godiva Sian Rainsley 5<sup>th</sup> fastest.
4. COMMONWEALTH CHAMPIONSHIPS  
100m 2<sup>ND</sup> Mark Lewis-Francis. 4x100 Relay 1st, the third and fourth legs were run by Marlon Devenish and Marl Lewis Francis. 4x400 W 3<sup>rd</sup>, final leg run by Nadine Oykere.
5. MORE X C AND ROAD RESULTS  
The first Birmingham League races were held at Newbold Comyn with over 900 finishers. It was well organized by Leamington C and AC. In Division 1 Birchfield were 2<sup>nd</sup> and Godiva 3<sup>rd</sup>. RSC were 2<sup>nd</sup> team in Division 2. Danny Mills of Nuneaton was first home in Division 3 with Steve Brown Sphinx 3<sup>rd</sup>. Sphinx led the team race.  
In the Midland Women's League X C Laura Kenney was 2<sup>nd</sup> and Birchfield 3<sup>rd</sup> team. In the Midland 7 miles XC Michael Beckett, Godiva, was 3<sup>rd</sup>, with Godiva 2nd team and there was a Godiva 1-2 in the Women's 5 miles, Frances Briscoe and Rachel Buxton.  
Match 2 of the Birmingham League saw Godiva 2<sup>nd</sup> on the day with Birchfield 3<sup>rd</sup>. Godiva are 1<sup>st</sup> after two races. RSC were 2<sup>nd</sup> in Division 2 and Sphinx 3<sup>rd</sup> in Division 3. Rowena Cole, Godiva, was 3rd in the Midland Women's League with Godiva topping the team race.  
Anne-Marie Smith, Godiva, won the Women's race in the last Warwickshire Road Championship of 2010 held in conjunction with the Rugby and Northampton 10 miles. The County would like to thank all the Clubs who staged races which included the County Championships.
6. COUNTY CHAMPIONSHIPS 2011  
The 2011 County Cross-Country Championships are to be held at Cofton Park, Longbridge, Birmingham on Saturday 8 January, 2011, and will be held in conjunction with Worcestershire A.A.A. Entries have closed. There are 573 with Coventry Godiva supplying the largest entry 75. The details and map of the course are on the County website.  
The 2011 Men's 10k and Women's 5k Road Walks will be held on 12 February, in Perry Park, Birmingham. The Younger Age Group races will be held at Abbey Park, Leicester on 27 March.  
The 2011 Track and Field Championships will be held at the Pingles Stadium, Nuneaton on May 14<sup>th</sup> and 15<sup>th</sup>, once again in conjunction with Leicestershire County A A.  
Relays meeting at Leamington on Wednesday evening 24<sup>th</sup> August. Details to follow.
7. COACHING COURSES.  
9 January Athletics Leader University of Birmingham £90.  
22/23 January Athletics Coach Alexander Stadium £365/£320.  
29 January Leadership in Fitness Running Queensbridge School Kings Heath £90.  
  
CSW Sport is offering coaching bursaries in 2011 up to the value of £200:00  
[www.cswsport.org.uk/coachbursaryscheme](http://www.cswsport.org.uk/coachbursaryscheme)
8. OFFICIALS.  
January 22<sup>nd</sup> Level 4 Track and Field Alexander Stadium, £ 15 per module or £50 for all. Both courses are run by UK Athletics. There is no Midlands' education officer currently in place at England Athletics. Contact the County Officials Secretary, Margery Ewington for more details.

9. 2011 WCAA ROAD RACE CHAMPIONSHIP VENUES

- 14 July BRAT 5k Rowheath
- 12 June Two Castles 10k Warwick to Kenilworth
- 2 October Kenilworth Half-Marathon.
- 24 August Godiva Autumnal 5 miles
- 30 October Rugby 10 miles (date tbc)

10. LOCAL FIXTURES

- 2 January Coventry Godiva New Year 5 miles run and walk, University of Warwick 11.00  
Coventry-godiva-harriers.org
- 9 January Centurion 5 miles multi terrain 11.00 Archbishop Grimshaw centurion.org.uk
- 15 January Birmingham League XC and Midland Women's XC Race 3.
- 16 January Simply not the Roman IX FISSC Tiddington, Stratford 11.00 stratfordac.co.uk
- 29 January Midland Counties XC Championships Newbold Comyn Park Leamington.

11. Volunteers

There was a meeting of the CSW Sport Volunteer Action Groups last week. If you would like to know more about how these groups can help your Club recruit volunteers you can find further information at [www.cswsport.org.uk/volunteer](http://www.cswsport.org.uk/volunteer).

These groups stress that the most important factor in volunteer recruitment and retention is to have a Volunteer Coordinator who ensures a warm welcome and ongoing support.

And finally .....

The Officers of the County Association wish you all a very Happy Christmas and a competitive and prosperous 2011.

**We have a wide distribution but we cannot reach everybody.**  
**So, please copy, distribute and display in your Club.**  
**Keep following 'THE BEAR'.**  
**[www.WarwickshireCountyAA.co.uk](http://www.WarwickshireCountyAA.co.uk)**