



Warwickshire County Athletics Association
THE BEAR – FEBRUARY 2011
ISSUE 02/2011

Editor Keith Richards

ASSOCIATION MATTERS

- There are no General Meetings scheduled for 2011
- The County AGM will be on 23rd November 2011
- The next Officers' meeting is on 13th April 2011.

1. MIDLAND CROSS COUNTRY CHAMPIONSHIPS 2011

The Championships were staged at Newbold Comyn Country Park by Leamington C and A C. The testing going was a challenge but ensured exciting racing and the true winners emerged.

James Walsh claimed his 5th title, equaling the feat (or feet) of Basil Heatley who won his titles from 1957 to 1964, and went on to win an Olympic marathon silver medal in 1964 in Tokyo. James' sights are set on the 8 titles won by Jack Holden. Godiva finished 2nd to Notts. A C in the team race.

Jack Gray was 2nd in the U20 category and Matt Rose was a clear winner in the U17 race, with R&N 4th team. In the U15 team results R&N were 2nd and Godiva 3rd and R&N took silver in the U13 Boys.

Rowena Cole had a clear victory in the U20 event with Emily Waugh 4th. Rebecca Robinson was 3rd in the U17 Girls race and lead RSC to team gold. Sian Rainsley finished 2nd in the U15 race. R&N were 2nd team in the U13 Girls.

2. INDOOR EVENTS

Joel Fearon claimed the scalps of Dwain Chambers and Harry Aikees-Aireety in the Birmingham Games 60m, but was not so successful in the UKA Championships, finishing in 5th place. Nadine Oykere was also 5th in the 200m, half her normal outdoor distance. Rowena Cole started her track campaign with a comfortable win at the Birmingham Indoor Games over 800m.

3. NATIONAL CROSS COUNTRY CHAMPIONSHIPS 2011

James Walsh had a roller coaster ride at Alton Towers finishing in an excellent 4th place. Matt Rose was an impressive 6th in the U17 race and Sian Rainsley 7th in the U15 Girls.

4. BIRMINGHAM CROSS COUNTRY LEAGUE

Godiva retained the title at Northampton after a see-saw battle with Tipton.

5. COUNTRY CHAMPIONSHIPS 2011

Race Walking: the 2011 Younger Age Group races will be held at Abbey Park, Leicester on 27th March.

Track and Field: the Championships will be held at the Pingles Stadium, Nuneaton on May 14th and 15th, once again in conjunction with Leicestershire&Rutland County A A. More details soon. There will be 3k track Championships for all age groups from U17 and older hosted by the BRAT Club. Details are in the diary of the County web site.

Relays: meeting at Leamington on Wednesday evening 24th August, details to follow.

6. **COACHING CORSES**

2nd to 3rd April: Marathon coaching Conference Warwick University All weekend £132, includes accommodation, dinner and Sunday breakfast. Day 1 and Day 2 only £40 each, Dinner £27 including interviews with 'Godiva Greats' by Dave Moorcroft: Bill Adcocks, Dick Taylor, Brian Kilby, Sheila Carey, Dave Long. (My 3 hours aged 40 didn't quite qualify me for this!).

9th to 10th April: Athletics Coach Alexander Stadium £365/325.

10th April: Athletics Leader Solihull School £130.

10th April: Leadership in Athletic Fitness Running Alexander Stadium £90.

See England Athletics website for more details.

7. **OFFICIALS**

12th March: Level 2 Generic plus Field specific Tamworth A C 10.00 £15.

20th March: Level 2 Generic plus one specific Track or Field Ken Marriott Sports Centre Rugby 10.00 £15.

2nd April: Level 2 Generic plus one Specific; Timekeeper, Track or Field.

Apply to Barry Parker at officials-midlands@englandathletics.org

10th April UKA Officials Conference at the St. John's Hotel, Solihull. This is free but has a limit of 300 attendees. Register on the UKA website.

8. **WARWICKSHIRE ROAD RACE CHAMPIONSHIP AND ROAD RACE LEAGUE**

The first race in the Warwickshire Road Race League in 2011 will be the Regency Run (10k) hosted by Spa Striders in Leamington on 10th April.

15th May Northbrook A C 10k

12th June Two Castles 10k Warwick to Kenilworth. **Note** entries have closed but club members should add their names to the on line waiting list which will be reviewed by the League officials nearer the date. The reserve number of 400 for our club athletes has been reached (this figure is double that of last year). This is also a County Championships.

29th June Sphinx 5 miles Coventry Memorial Park.

2nd July Stratford 6 miles

14th July BRAT 5k Rowheath. This is also a County Championship.

24th August Godiva Autumnal 5 miles. This is also a County Championship.

2nd October Kenilworth half-Marathon. This is also a County Championship.

31st October Rugby 10 miles. This is also a County Championship.

9. **FUNDING**

The Heart of England Community Foundation has £43k of funds to distribute to community projects. The contact e-mail is groupssupportwd@wcva.org.uk

10. **WARWICKSHIRE COUNTY ROAD WALKS**

Steve Arnold, Nuneaton, and Ann Wheeler, Leicester Walking Club, retained their titles in the County Championships 10k and 5k walks and were 3rd respectively in the Midlands Championships walked in conjunction.

Brendan Boyce was a comfortable winner in the London Open Walks in a new p b of 41.47.

11. **www.WarwickshireCountyAA.co.uk**

The County web site has been updated to include a "Roll of Honour" which lists the people who have given service to the County Association since it was formed in 1971.

12. **BOB STATHAM**

Bob Statham has been cleared to start easy running again, not something Bob does naturally .

We have a wide distribution but we cannot reach everybody. So, please copy, distribute and display in your Club.

Keep following 'THE BEAR'

www.WarwickshireCountyAA.co.uk