



Warwickshire County Athletics Association
THE BEAR –JULY 2010
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Editor Keith Richards

ASSOCIATION MATTERS

- There are no General Meetings scheduled for 2010
- The next Officers' meetings are on Wednesday September 15th, and 23 October.
- The 2010 AGM will be held on 24 November at the Coventry Godiva Clubhouse.

1. SUCCESSFUL WARWICKSHIRE ATHLETES IN SUMMER 2010

England U 20 Combined events: 2) Edward Dunford 7,290 points.

Midlands U13 Quadrathlon Boys: 1) T Kerr-Chin 1,614, 2). R Dwyer 1388
3) C Hewlett 1,166.

Girls A Pask 2,024, S Mulholland 1,718.

Midland Championships: Men 100 metres 1) R James 10.67, 800 J Brocklehurst 1.52.57, 5,000 1) J Walsh 14.24.41, 110H 1) E.Okoro 14.27, Senior Women 400H 1) J Surman 60.74
Junior Women: 400 1) L Downing 56.77, 1,500 L Farnell 4.42.31.

2. ENGLAND U 23/ 20 CHAMPIONSHIPS

U23 Men 400 1) L Ford, HT 1) P Smith 69.92. U20 men 800 2) A Cotton 1.48.3,
10,000 Walk M O'Kane 47.04.2.

U23 Women 1,500 2) C Tarplee 4.29.59, 100H 2) J Surman 13.7, 400H E Okoro 59.41,

3. EUROPEAN CUP AND UKA CHAMPIONSHIPS

Nadine Okyere won her first international vest as a late reserve in the 4x400 Relay and ran an excellent second leg in 52.6, the team finished second. Marlon Devonish ran his usual excellent bend in the 4x100m relay as Great Britain was second.

European Trials: 100m 3) M Devonish 10.34, and 200m 2) 20.85, 10,000 6) and first UK
J Walsh 29.04.62, Women 400m 3) N Oykere 53.07, 1,500m C Taylor 4.33.81,
5,000m 2) L Kenney 15.54.57,

4. COUNTY CHAMPIONSHIPS 2011

Where Warwickshire leads, the Pope follows. The 2011 County Cross-Country Championships are to be held at Cofton Park, Longbridge, Birmingham, which has been chosen as the site for a Papal Mass in September.

5. INTER-COUNTIES TRACK AND FIELD

The U13/U15 event is on Saturday September 11th at Saffron Lane, Leicester.

If you would like to be considered for the team please contact the team manager, John Nash at johnnash@email.com

6. COACHING COURSES.

July 17th /18th : Coaching Assistant, University of Warwick, Coventry, £175 or £130 for an EA member.

September 4th : Leadership in Running Fitness, Alexander Stadium, Perry Barr, £90.

7. OFFICIALS

No courses are planned at the moment. There is still no Midlands' education officer in place at England Athletics. Contact the County Officials Secretary, Margery Ewington.

8. 2010 WCAA ROAD RACE CHAMPIONSHIP VENUES

- 8th July 5k Birmingham Rowheath
30th August 5 Miles Coventry Godiva, War Memorial Park 19.45
12th September 10 Miles Nuneaton (this is not confirmed)
offers to stage the County 10 mile Championship would be appreciated.
26th September Half marathon Kenilworth

9. SOME FURTHER DATES FOR YOUR 2010 DIARY.

- 10th August Corporate 5 Challenge Sports Pavilion, University of Warwick.
masseyrunners.co.uk or Jim Davies 077 9072 5519. £8 for club runners
otherwise £10.
25th August: the pilot County Relays meeting at Leamington Spa.
Go to www.WarwickshireCountyAA.co.uk for details

10. ROAD RACE PROMOTIONS.

As more people take up running and many of these start in later years, we are finding that races attract entries from people who finish well behind the leaders. We do not want to discourage them and we should cater for them. Promoters should direct marshals to stay in their place until the last competitor has passed. In longer races promoters may employ a cut-off time at certain points on the route. If so this must be notified to all who start and the marshals at that checkpoint should notify those athletes who are timed out. In either case it is useful to have a sweeper (broom wagon) following the last competitor.

11. SITUATIONS VACANT

Treasurer: Stewart Barnes has decided to step down after many years' 'stewardship' of the County's finances. He is leaving the accounts in good shape with a planned method of maintaining them.

Auditor: Due to the untimely death of Cavan Woodward, the County needs a new Auditor. Thanks to Stewart's efforts the work is straight forward if you are an accountant. Contact Ray Morgan if you are interested in either vacancy.

12. OBITUARIES

We have lost 3 men who have made a significant impact on athletics in Warwickshire:

Jon Wright, who coached many middle and long distance runners for many years, particularly at Leamington C and AC and at Rugby and Northampton, with success.

Alan Hemsley, who was for many years the quiet engine room behind Massey Ferguson. He was always cheerful always optimistic, turned up to promote and officiate, produce results at his club promotions and at Birmingham League events, where he acted as League Secretary.

Tim Green, was a passionate coach in disability athletics, who for many years was a vital part of the West Midlands Disability Focus Group (Coaching Committee), and coached in Saudi Arabia and with the British Blind Sport Athletics.

They will all be missed and we salute the effect they had on the sport.

We have a wide distribution but we cannot reach everybody.

So, please copy, distribute and display in your Club.

Keep following 'THE BEAR'.

www.WarwickshireCountyAA.co.uk