



Warwickshire County Athletics Association
THE BEAR OCTOBER 2012
ISSUE 03/2012

Editor Keith Richards

ASSOCIATION MATTERS

- There are no General Meetings scheduled for 2012
- The last Committee meeting was held on 12th September.
- WRRL AGM will be held in the Coventry Godiva Club House on 12th November and starts at 19.30.
- The County AGM will be held on Wednesday 21st November at Coventry Godiva Harriers Clubhouse and will start at 19.30.

1 OLYMPIC GAMES 2012

Congratulations to our 3 Warwickshire-qualified athletes who will be competing in the 2012 Olympic Games. Andrew Pozzi Stratford-upon-Avon AC competed on Tuesday 7th August in the 110m hurdles, but was still troubled by an injury sustained in winning the UKA Trials, failed to complete his heat. Luke Lennon-Ford was a reserve for the 4x400m Relay. Brendan Boyce, Coventry Godiva Harriers walked for Ireland in the longest athletic event, 50k, at 09.00 on Friday August 10, and finished 29th in a pb of 3.55.01. Back in 1960 Brian Kilby of Godiva finished 29th in his Games debut in the Marathon. 4 years later he was 4th in Tokyo. A challenge for Brendan!

2 OFFICIALS

Brendan was watched closely by the event Referee, Sparkhill's Graham Heeley, County Trustee and Endurance Officials organiser. There were a number of Warwickshire officials, track and field, who were there to officiate in a fair and competent manner as usual, congratulations to them.

Who actually disqualified the GB and NI Men's' 4x100m relay team? It was none other than Stewart Barnes, Godiva Harriers and Chair of the England Council. Technically it was probably one of his easiest decisions.

3 COACHING AND OFFICIALS COURSES

Your club needs new Coaches and Officials and current members may continue their progress by attending courses.

21 October CSW Networks Coach Development Day at Coventry Godiva Club House 10.30-14.30. Sprints, Endurance, Throws and Jumps: Glyn Tromans will talk from 12.30 on his career as a successful endurance athlete. Free to members of clubs affiliated to the CSW Network. Contact Nathan@blundells.me.uk or for endurance: d.dix@warwick.ac.uk

27 October Leadership in Running Fitness Braunstone Leisure Centre Leicester, £110.

3 & 10 December Emergency First Aid Coventry Godiva Club House 18.30-21.30.

Contact Nathan Blundell as above.

No courses planned for the West Midlands are available. One course is planned but is full.

4 CAU TRACK AND FIELD CHAMPIONSHIPS

The 2012 Senior Intercounties event was held on 25/26 August, at Bedford. It was a low-key affair with the track events of 800m and over being held in the evening as part of the BMC meeting. Although only a small team of athletes were able to compete for Warwickshire team, there were good performances from the athletes and a number of medallists over the two days.

1st Matt Roberts, Mens high jump
1st Sineade Gutzmore, Womens triple jump,
2nd Remy Barrett, Womens 100m,
3rd Hayley Murray, Womens Hammer,
5th Kerry Murch, Womens Javelin.

The 2012 U13/U15 Intercounties match took place at Grantham on the 9th of September. Overall the team finished 4th behind Leicester, South Yorkshire and Derbyshire. The best performance of the day from a Warwickshire athlete was Harry Morby of Birchfield who won the Best Athlete award for the U15 Boys Field with a throw of 46.16m in the Javelin.

Other results were:

U15 Boys

1st Harry Morby, Javelin A competition,
1st Reuben Esien, 80m Hurdles A race,
1st Tom Dodd, 800m A race,
3rd Jonathan Briggs, Discus A competition,
1st Jonathan Briggs, Shot B competition,
2nd Niall Carney, 80m Hurdles B race,
3rd Seb Jones, 800m B race and 300m B race,
3rd Matthew Tildesley, Discus B competition,
3rd Charlie Hornby, Javelin B competition.

U13 Boys

2nd Lyle Sargent, High Jump A competition
2nd Robert Lester, Shot A competition.

U15 Girls

1st 4 x 200m Relay
1st Grace Dempsey, High Jump A competition and 2nd Long Jump B competition,
1st Annabelle Pask, Long Jump A competition and 2nd 75m Hurdles A race,
1st Felicity Bee, Javelin A competition and 2nd 75m Hurdles B race,
2nd Bethany Catchpole, 100m A race and 3rd 200m A race
2nd Rebecca Lord, 800m A race,
2nd Olivia Woodward, Shot A competition,
3rd Chrissie Prince, Discus A competition
1st Phoebe White, 200m B race and 2nd 100m B race,
1st Megan Mingle, Javelin B competition,
1st Adina Bailey, Shot B competition,
2nd Georgia Parris, High Jump B competition,
3rd Alice Collier, 800m B race,
3rd Leah Conway, Discus B competition.

U13 Girls

1st Emily Madden-Forman, 70m Hurdles A race,
2nd 4 x 100m Relay
2nd Ashleigh Bailey, Long Jump A competition and 1st 70m Hurdles B race,
2nd Nichole Birmingham, Shot A competition,
3rd Erin Cunningham, 200m A race,
3rd Anya Bates, High Jump A competition and 2nd 100m B competition,
1st Melissa Morris, Shot B competition.

5 COUNTY CHAMPIONSHIPS 2013

The Cross-country Championships will be held at Newbold Comyn Country Park, Leamington on January 5th. Thank you to Leamington C & AC for offering to stage these Championships.

The Track and Field championship dates for 2013 have been changed again to the 24/25 May.

6 WRRL Results

To see the full results of each race and the cumulative position this season look at the excellent League results web pages set up by Mike Ellis, Sean Lonergan and Richard Carney. Link through from the County web site www.warwickshirecountyAA.co.uk or go direct to http://www.warwickshirecountyaa.co.uk/wrrl_site/index.htm (should be lower case) The 2012 fixtures have been agreed and are on the County website.

The last event of 2012 was the 10 miles at Barby Cricket Club, Rugby. The Men's title was won by Alistair Smith with Sue Harrison taking the Women's title.

Final results for each category are on the County website.

Thank you to Geoff Wheeler for Chairing the League and to all Clubs and officials who have promoted the League fixtures.

The majority of League events have had an increased number of entries.

WRRL AGM will be held in the Coventry Godiva Club House on 12th November and starts at 19.30.

7 Fixtures

25th November Sphinx AC Coombe Abbey 8 miles multi terrain.

30th December Godiva Harriers New Year 5 miles University of Warwick Business Park.

5th January Warwickshire County AA Cross-Country Championships Newbold Comyn Park.

8 Olympic Torchbearers

A number of County Olympians were chosen to carry the torch: Sheila Carey, Ian Richards, Jo Wise and Andy Hart were amongst the torchbearers.

President-elect Keith Richards carried the torch through Rugby and had a planned photo opportunity with double Olympic 400m Hurdles Gold Medalist, Edwin Moses.

We have a wide distribution but we cannot reach everybody. So, please copy, distribute and display in your Club.

Keep following 'THE BEAR'

www.WarwickshireCountyAA.co.uk